

# BREAST TREATMENTS – International Patient Guide

## 1. Introduction

Breast treatments include aesthetic, reconstructive, and corrective procedures. We focus on natural-looking results, safety, and personalized care, restoring confidence and body proportion.

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## 2. Treatments Offered

- Breast Augmentation
  - Breast Reduction
  - Breast Lift (Mastopexy)
  - Breast Reconstruction (Post-Cancer or Trauma)
  - Male Breast Correction (Gynecomastia)
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## 3. Step-by-Step Treatment Journey

1. Online consultation & photo assessment
  2. Personalized surgical plan & quote
  3. Pre-operative health check
  4. Travel planning & flight guidance
  5. Procedure performed under general anesthesia
  6. Hospital stay & post-op monitoring
  7. Follow-up before returning home
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## 4. Recovery & Aftercare

- Initial rest 7–14 days depending on procedure
  - Compression garments if required
  - Swelling & bruising reduce gradually
  - Follow-up appointments scheduled
  - Detailed post-op care instructions
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## **5. Risks & Safety**

- Temporary swelling & bruising
  - Minor scarring (techniques to minimize)
  - Rare infection risk
  - Anesthesia-related risks
  - All surgeries by certified specialists
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## **6. Travel, Flights & Accommodation Support**

- Flight guidance & planning
  - Airport pickup & drop-off
  - Hotel / serviced apartment arrangements
  - Multilingual patient coordinator
  - Daily follow-up & support during stay
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## **7. What's Included in Your Package**

- Surgeon & hospital fees
- Anesthesia & medications
- Pre- & post-op consultations
- Compression garments (if needed)
- Travel & accommodation support
- Complete aftercare plan