

Aesthetic Plastic Surgery – Complete Treatment & Medical Travel Guide | NouveauVoyage

1. Comprehensive Introduction to Aesthetic Plastic Surgery

Aesthetic plastic surgery enhances physical appearance and body proportions using modern surgical techniques. Each procedure is personalized according to patient anatomy, goals, and medical history.

2. Procedures Commonly Performed

- Rhinoplasty (Nose Reshaping)
- Breast Augmentation / Reduction / Lift
- Liposuction & Body Contouring
- Tummy Tuck (Abdominoplasty)
- Facelift & Neck Lift
- Eyelid Surgery (Blepharoplasty)
- Combination Procedures (Mommy Makeover Style Cases)

3. Detailed Treatment Journey

- Free online consultation with photo review
- Personalized surgical plan and quotation
- Pre-operative medical tests upon arrival
- Procedure under general anesthesia
- Hospital stay if required (1–2 nights typical)
- Post-operative monitoring
- Final medical clearance before travel home

4. Recovery & Aftercare Expectations

- Initial rest period 7–14 days
- Swelling and bruising gradually reduce
- Compression garments if required
- Stitches removal follow-up
- Full result visible within 3–6 months depending on procedure

5. Safety & Risk Transparency

- Temporary swelling and bruising
- Minor scarring (carefully minimized)
- Low infection risk under sterile conditions
- Anesthesia risks discussed prior to surgery
- Comprehensive pre-surgery assessment

6. International Travel, Flights & Accommodation Services

- Guidance on ideal arrival and departure dates
- Support with flight planning
- Airport VIP pickup and drop-off
- Hotel / luxury apartment accommodation arrangements
- Multilingual patient coordinators
- Daily check-ins during recovery period
- Emergency support if needed during stay

7. What Is Included in Your Surgical Package

- Surgeon & anesthesia fees
- Hospital operating room charges
- Medications during hospital stay
- Post-operative garments (if required)
- Follow-up consultations
- Detailed aftercare instructions for home country recovery

8. Why Choose NouveauVoyage for Medical Travel

- Board-certified surgeons
- Accredited modern facilities
- Full medical travel coordination
- Discreet and confidential care
- Commitment to patient safety & satisfaction