

ORTHOPAEDIC SURGERY – International Patient Guide

1. Introduction

Orthopaedic surgery focuses on diagnosing, treating, and restoring function to bones, joints, ligaments, tendons, and muscles. Our advanced surgical solutions help patients regain mobility, reduce pain, and improve quality of life.

2. Treatments Offered

- Joint Replacement Surgery (Hip, Knee, Shoulder)
 - Arthroscopy (Knee, Shoulder, Ankle)
 - Fracture Fixation / Trauma Surgery
 - Spine Surgery
 - Ligament & Tendon Repair
 - Revision Orthopaedic Surgery
-

3. Step-by-Step Treatment Journey

1. Online consultation with medical records review
 2. Imaging (X-ray, MRI, CT) evaluation
 3. Personalized surgical plan & cost estimate
 4. Travel guidance and flight assistance
 5. Surgery at accredited hospital with expert team
 6. Post-operative recovery and physiotherapy guidance
 7. Final assessment before returning home
-

4. Recovery & Aftercare

- Hospital stay 2–7 days depending on procedure
- Pain management and rehabilitation plan
- Physiotherapy for mobility and strength
- Regular follow-up appointments
- Gradual return to normal activities

5. Risks & Safety

- Infection (minimized by sterile protocols)
- Blood clots (preventive measures taken)
- Rare implant or surgical failure
- Performed by board-certified orthopaedic surgeons

6. Travel, Flights & Accommodation Support

- Advice on travel dates and flight scheduling
- Airport pickup & drop-off
- Hotel / serviced apartment booking
- Dedicated patient coordinator
- Translation support if required
- Post-surgery support & emergency contact

7. What's Included in Your Package

- Surgeon and hospital fees
- Anesthesia & medications
- Physiotherapy plan
- Pre- and post-operative consultations
- Travel & accommodation coordination
- Comprehensive aftercare guidance