

3 WEIGHT LOSS SURGERY – International Patient Guide

1. Introduction

Weight loss surgeries are designed to help patients achieve long-term healthy weight, improve metabolic conditions, and enhance overall quality of life. Procedures are customized based on BMI, health status, and patient goals.

2. Treatments Offered

- Gastric Sleeve Surgery
 - Gastric Bypass Surgery
 - Mini Gastric Bypass
 - Biliopancreatic Diversion
 - Revisional Bariatric Surgery
 - Non-surgical weight loss procedures (Endoscopic sleeve, Balloon therapy)
-

3. Step-by-Step Treatment Journey

1. Online consultation & health assessment
 2. Review of medical history and lab results
 3. Personalized surgical plan & cost estimation
 4. Travel guidance & booking assistance
 5. Surgery performed at accredited hospital
 6. Post-surgery recovery monitoring
 7. Diet & lifestyle counseling before returning home
-

4. Recovery & Aftercare

- Initial hospital stay 2–5 days depending on procedure
- Strict diet and nutrition plan
- Gradual return to normal activity
- Regular follow-up appointments
- Continuous guidance for lifestyle adjustment

5. Risks & Safety

- Surgical complications (bleeding, infection) – rare
- Nutritional deficiencies if diet not followed
- Anesthesia risks (minimized with pre-assessment)
- All surgeries performed by board-certified specialists

6. Travel, Flights & Accommodation Support

- Flight & travel planning guidance
- Airport pickup and drop-off
- Hotel or serviced apartment arrangements
- Multilingual patient coordinator
- Daily post-operative support
- Emergency assistance if required

7. What's Included in Your Package

- Surgeon & hospital fees
- Anesthesia & medications
- Pre- and post-operative consultations
- Diet and lifestyle counseling
- Travel & accommodation support
- Complete aftercare plan